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Bennetts Castle
CARE HOME

Providing care for people
living with dementia



A care home with a difference

Bennetts Castle challenges the typical view many people have of care homes. As soon as you set foot inside our bright, modern and welcoming building you will notice the homely feel.

What we offer

Bennetts Castle provides care for people who, for physical, health, dementia, or social reasons, are not able to either care for themselves or be supported at home by family and professional carers. Nursing and residential care are provided 24 hours a day, seven days a week.

Bennetts Castle specialises in general nursing care and the care of people living with dementia. We also offer residential care, and respite care for stays of one week or more. The role of the Centre is to provide care for those whose sole or main reason for needing care is a dependence on others to provide

assistance with performing normal daily living activities. These include washing and bathing, dressing, taking food and drink, and walking and mobilising.

We also provide a range of social opportunities and activities to ensure that residents are occupied and fulfilled. Our nurses and carers also provide social and psychological support for residents and their families, with support and care provided accordingly. Our aim is to provide a personalised care service which fully meets each individual resident's needs, and to do this to a standard that embraces all the current principles of good care practice.

Making the most of every day

We foster an open approach to residents' care: encouraging them to tell us what interests and hobbies they'd like to rekindle – or new ones they'd like to try. They suggest trips they'd like to



go on, and even different foods they'd like to sample. Our staff then pull out all the stops to make these wishes come true.

Independence is the key

Our dedicated activity manager plans different activities and trips for residents to take part in every day, all based around their interests and hobbies. The residents can take part in a host of activities from arts and crafts to music and singing. Professional entertainers frequently perform for us and get our residents acting and singing. But the stars of the show for our residents are always the local schoolchildren treat us to concerts and plays. We have an in-house hairdressers so the residents can enjoy a weekly wash and blow dry and a chiroprapist that visits monthly.

Luxury and attention to detail

All our residents' rooms are stylish and spacious and individually

decorated. Every room has an en-suite and high quality furniture and soft furnishings help to create a sense of home. Residents are also welcome to bring their own pieces of furniture to help them feel as settled as possible. The home has a 'reminiscence room' decorated in a 1950's style which evokes fond memories of young adulthood for many of our residents.

As you wander around the care home you'll discover cosy and beautifully decorated lounges and seating areas where residents can sit and relax, chat with friends and family, or take part in the day's activities.

We look forward to meeting you

Come to Dagenham and visit us at Bennetts Castle Care Centre today and discover for yourself the care, attention and imagination that makes ours one of the most beautiful, dedicated and unique care homes.

How to find us

Bennetts Castle Care Centre is situated in a residential area of the London Borough of Barking & Dagenham. It is close to local shops and is within easy reach of bus routes to the surrounding shopping areas of Dagenham Heathway, Romford, Barking and Ilford.

Travel by Car:

Bennetts Castle Care Centre is easily accessible by car from the motorway network as follows:

From M11 Junction 4 – 6.2 miles, 20 minutes

From M25 Junction 28 – 8.9 miles, 25 minutes

From M25 Junction 29 – 8.8 miles, 25 minutes

From A12 'Moby Dick', Romford – 2.5 miles, 10 minutes

There is ample on-site parking.

Public Transport:

Bennetts Castle Care Centre is easily reached by bus and rail. The number 5 bus route between Barking and Romford stops at Bennetts Castle Lane with just a two minute walk to the Centre.

The number 364 bus between Dagenham East and Ilford also stops at Bennetts Castle Lane with a 2 minute walk to the Centre.

The nearest rail stations are Chadwell Heath and Dagenham Heathway, which are both a short bus ride away from the home.

The number 145 bus from Dagenham Heathway station and number 62 from Chadwell Heath both stop at Martins Corner, just 10 minutes walk from the Care Centre.

“ Mum had end stage dementia and passed away this week. The care and compassion she received from all of the staff, without exception (cleaners to manager) was second to none. They also understand the needs of family in dealing with this cruel illness that robs them of their loved one. Mum was diagnosed 4 years ago with dementia and had previously received very mixed standards of care both in her own home and in other care homes, which had left us feeling desperate and angry. Thank God for Bennetts Castle Care Centre because they have been our salvation at this awful time, and have restored our faith in dementia care. Thank you to the whole team for looking after mum in her final days because we feel that our mum at last can truly rest in peace. ”

Teresa gave Bennetts Castle Care Centre a rating of 5 stars

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